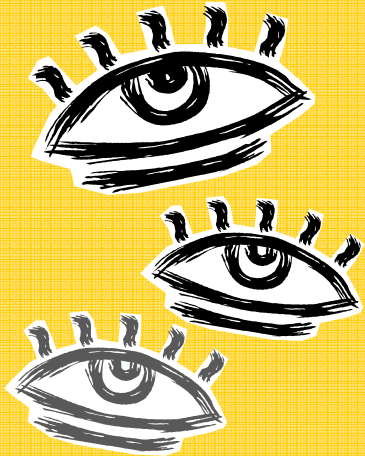


**Washington
Council
of the Blind**

Aging and
Blindness
Committee

If you have a
need, we
can help!



**WASHINGTON
COUNCIL OF THE
BLIND**

Founded 1935

Equality
Independence
Opportunity

Aging & Blindness
Committee

1-800-255-1147

Local Chapter



**Living
with
Fading
Vision**

**Washington
Council of the
Blind**

1-800-255-1147

Are you having any of these problems?

- Is your fading vision causing problems and interfering with your normal lifestyle?
- How will you get around, if you can't drive, read street signs, or read bus routing displays?
- Are you having trouble recognizing the faces of family and friends?
- Is your fading vision distancing you from your family and friends?
- Do you have to ask people, "Excuse me, who are you?" when you meet someone?
- Have you been told there is nothing more that can be done to improve your vision?
- Do you need a magnifying glass to help you read?

If you answered yes to any of these questions . . .

You're not alone, there are over 11.5 million Americans whose vision is partially or totally impaired.

Many of them resign themselves to a limited lifestyle, by giving up their independence, to rely increasingly on family, friends, and caregivers.

But poor vision does not have to result in withdrawal or dependency. We, the members of the Aging and Blindness Committee, know what it's like. We've been there; we've done that; and we have

learned to adapt so that we can continue living full and satisfying lives.

We mean learning different techniques to accomplish the things you like to do.

We mean learning how to ask for assistance, seeking out people who can help you find new resources, and inventing alternative ways of doing the things you used to do with sight.

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Contact: **1-800-255-1147**