

WASHINGTON COUNCIL OF THE BLIND

NEWSLINE

Spring 2018 Edition

Opportunity, Equality, Independence

Founded 1935

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IN EVERY ISSUE

President's Message

By Denise Colley

Well, 2018, and the beginning of my second go-round as Washington Council of the Blind (WCB) president has started out as busy as ever. I began my year reviewing our WCB committees, identifying a few new committee chairs and making committee assignments. Thank you to all of you who stepped forward and volunteered to serve this year. Without all of you we couldn't do the work of this great organization. I have enjoyed participating on some of the calls and hearing about the great work that is already beginning.

On January 27 we held our first board meeting of the year. (Read more about that later in this issue.) On Friday evening before the board meeting the Board met for dinner to discuss direction for the coming year. Three main priorities were identified.

- 1) An overhaul and facelift to our website and WCB brochure. We have already begun exploring some different options for the website and hope to have exciting news to share in the next couple of months.
- 2) An overhaul and revitalization of this publication. Editor Annee Hartzell has already come to her committee with some innovative goals. We look forward to seeing all she has planned as well as getting feedback from our readers. The Newslines is our greatest communication platform about who we are and what we do, and we want to be able to accomplish that goal in an interesting and professional manner.
- 3) Identification of some specific Issue Oriented Projects such as prescription drug labeling and service animal issues that we all can

work on statewide. This could include both advocacy and legislation. The more of us who come together and work on an issue in a unified manner, the stronger will be our message and the louder our voice will be heard.

This year's spring board meeting will be held May 5 at the SeaTac Airport Crowne Plaza Hotel.

I am excited about what we've already accomplished and where we're heading in the future. But our work is not done, and it will take the knowledge, skills, passion and hard work of all of us coming together to ensure opportunity, equality and independence for all blind and visually impaired citizens of Washington State. If you are interested in blind children/youth, families, students, employment, or in the older blind, there is a place for you. Come and be a part of the solution.

Letter from the Editor

Dear Reader,

It is my pleasure to bring you the Newslines. I thank you for your patience, as this is my first issue as the Editor of our magazine. I also would like to thank those of you who kindly submitted articles for this issue and encourage you to keep the articles coming. I am always looking for new and exciting fodder for the magazine. Even if you feel you cannot write, do post me your ideas. I will endeavor to contact you and jointly we can publish something.

You never know what will be useful or interesting to another person, so send us your Tech ideas (reviews or *need-to-know* questions); we'll try to find answers. Send recipes, articles on your hobbies, issues of interest... We, as the Newslines Committee, are committed to producing

a magazine that is interesting to read and useful to you, so let us know how we can serve you better!

MEMBERSHIP CORNER

Calendar of Deadlines and Events 2018

May

5: WCB spring board meeting, 9:00 a.m. – 3:00 p.m.,
SeaTac Airport Crowne Plaza

8: Technology Forum call, 7:00 p.m.

15: Deadline for requesting stipends and/or loans to attend the
ACB National Convention

June

1: Washington State School for the Blind Commencement, 9:30 a.m.,
Vancouver

1: Washington State School for the Blind Board of Trustees meeting,
12:00 p.m., Vancouver

12: Technology Forum call, 7:00 p.m.

15: Department of Services for the Blind Rehabilitation Council
Meeting, 9:00 a.m., Seattle

23: Washington Talking Book and Braille Library Patron Advisory Council Meeting, 9:00 a.m., Seattle

30: Opening session of the ACB Conference and Convention, St. Louis, Missouri

July

31: WCB Scholarship Application Deadline

August

1 – 31: Enjoy the warm weather

September

11: Technology Forum call, 7:00 p.m.

14: Department of Services for the Blind Rehabilitation Council Meeting, 9:00 a.m., Seattle

15: Early bird registration Deadline for the WCB annual convention

21: Washington State School for the Blind Board of Trustees meeting, 11:00 a.m., Vancouver

October

9: Technology Forum call, 7:00 p.m.

15: Deadline to register, make hotel reservations, and request stipends for the WCB Annual Convention

November

1-3: WCB annual convention, SeaTac Airport Crowne Plaza Hotel

13: Technology Forum call, 7:00 p.m.

16: Washington State School for the Blind Board of Trustees meeting,
11:00 a.m., Vancouver

December

7: Department of Services for the Blind Rehabilitation Council Meeting,
9:00 a.m., Seattle

11: Technology Forum call, 7:00 p.m.

WCB Board Convenes for Winter Meeting

By Frank Cuta

The board of the Washington Council of the Blind met at the Best Western Executive Inn in Seattle on January 27, 2018. Our president elect Denise Colley first announced that our beloved member Marlaina Lieberg was going into hospice and we decided to pass around a recorder and make an audio greeting card for her and between 20 and 30 of us expressed our sincere prayers and encouragement to her.

Debbie Lewis reported that although investment income for the past year was up we were still not balancing income and expenses. However, we are making definite progress as we try to bring this under control.

Cindy Van Winkle explained that there have been some last minute changes in our plans for the WCB state convention. We are now going to hold the convention at the Crowne Plaza SeaTac Hotel. The basic room rate is \$99 and in order to keep overall expenses under control all of the registration rates are going up. The convention is being held November 1-3, 2018.

The board is interested in finding ways to spend more time in the next year with some of our chapters that need the most help. Details are still being finalized but we intend to use a team approach.

Three top priorities that the board wants to address this year are the WCB website, the Newslines, and Advocacy.

Regarding the first priority, we need to fix web access so the registration and scholarship forms are more accessible, and also to drive more traffic to wcbinfo.org. The board is requesting feedback about the website. Debbie Lewis contacted Jonathan Mosen about helping with the WCB website. He was thrilled that we asked and he agreed to do the website design. Templates and structures will be created so that we can upload our own content to the website in the future.

The second priority is to jazz up the Newslines and turn it into a publication people want to read. Our new editor, Annee Hartzell, announced that for the time being we will go to just three issues a year while we revamp the newsletter. She is committed to improving it and stressed covering the issues that affect us. She is also committed to letting writers know when their articles are received and telling them when they will be printed.

The third priority is to encourage more advocacy – to find out what the members care about the most, and then address the question of what are you willing to do to fix it.

Some deadline dates agreed to by the board are:

- February 10 is the drop dead date for getting membership changes, dues, and constitution and bylaws changes to the state office.
- March 31 is the date for getting program and convention ideas to Cindy Van Winkle, and also the deadline for members to submit a letter of interest to attend the May leadership retreat. They must have been a member of WCB for at least three months to be considered.
- May 1 is the deadline for WCB first timer scholarship applications to attend the American Council of the Blind (ACB) convention in St. Louis.
- May 15 is the deadline for stipends and loan requests for the ACB convention in St. Louis. The WCB will be offering \$200 travel stipends and \$700 interest free loans to members attending this convention.
- April 1 is the deadline for Durward K. McDaniel (DKM) first timer award applications to the ACB convention in St. Louis.

* * * * *

In February Debbie and Denise are going to the national legislative seminar with ACB for WCB. One major concern is to preserve funding for the National Library Service and the American Printing House for the Blind.

Two key pieces of legislation will be supported this year. One is the Medicare demonstration on coverage for low vision devices HR2015. It would establish a 5-year pilot project for covering electronic devices to see what the need and costs would be.

Second is the Cogswell Macey Act which has been introduced in both the House and Senate. Its purpose is to improve special education in the

school system, address how teachers are trained and to make sure students are getting all the services they need to be successful.

We have no expectation that anything is going to pass this year, but we must keep going back every year and getting more sponsors until something works.

Some other current issues addressed by the board was our on-going struggle for universal accessible prescription labels, our change from a fee-based conference line to a less expensive or free conferencing service, and the need to get more proctors and graders for the upcoming Braille Challenge.

Rob Turner from ATS Northwest was our guest speaker. They have been doing the “magic show” campaign for us for 34 years now and it remains our major income source.

The next board meeting will be held on May 4, 5 and 6, 2018.

Hats Off

Compiled by Sue Ammeter, WCB Second Vice President

We extend our heartfelt congratulations to, and celebrate with, the following WCB members:

Chris Coulter (member-at-large) on her election as Chair of the Patron Advisory Council (PAC) for the Washington Talking Book and Braille Library (WTBBL).

Sue Ammeter (JCCB) on her appointment to the PAC. She was also elected Secretary.

Reginald George (YVCB) on his appointment by Governor Inslee to the Board of Trustees for the Washington State School for the Blind representing Congressional District #4. Reggie has also been appointed by President Colley to represent WCB on the PAC.

Annee Hartzell (UBWW) who has been appointed to the PAC.

Linda Wilder (PCAB) who has been appointed by Governor Inslee to the State Rehabilitation Council for the Blind. Linda represents current and former vocational rehabilitation counselors.

Deb Cook Lewis (GDUWS) who has retired after more than forty years of service in the fields of rehabilitation and technology. Deb's retirement was celebrated during a beautiful luncheon held at the Department of Services for the Blind.

Shawn Henning (King County Chapter) who is relocating to San Francisco, California to accept a new position with Apple Inc.

If you have something for consideration of inclusion for future Hats Off articles, please send to newsline@wcbinfo.org with "Hats Off" in the subject line.

ALL ABOUT US (SERIES)

The Cheshire Cat Interviews...Who Are You?

By Heather Meares

As we move forward it is sometimes necessary to be reminded of the things we have gone through to get us where we are today, and how these life experiences will continue to help us and others grow into who we are meant to be in the future. It is for this reason I am doing this series of interviews.

* * * * *

Question for today...What was a challenging situation you faced and what have you learned from it?

Hayley Agers – Overcoming my fear that my blindness would impact my children in a traumatic way. When Sydney was about four, we went on a mummy/daughter date to Subway. When we came out I realized we hadn't crossed the parking lot very straight and I had no idea where we were. I listened to traffic, waited to see if anyone would pass by I could ask for help, and these things did not help. I knew Sydney could tell I was lost and I sensed the panic in her voice.

She asked "Mama, are we lost?" I thought about lying to her but decided to tell her the truth. "Yes Sweetie, we are a little lost but this will be a good lesson for us. Let's stop and breathe to calm ourselves down, pray to God for help, and work together as a team to figure this out." That's just what we did. I asked her to describe the things around us. She saw the bookstore and from there I knew where we were and we were back in business.

I worried that this had shaken my daughter's confidence in me, if it had ruined our date, if I was asking too much of a little girl. When I told some friends about it, they discussed the wonderful benefits of the day. Sydney learned to stop and breathe when overwhelmed, to pray when all seems lost, to not give up when fear creeps in, the importance and feeling of success when working together to figure it out. From that day on, I never worried about how my blindness would negatively affect my children, instead I celebrated the learning opportunities placed before us.

* * * * *

Joleen Ferguson – I took a continuing course in Chicago on fabrication of functional braces for the stroke/head injury population. The goal was to learn to make braces well enough to teach co-workers and make them for patients as appropriate. We drew the pattern as we held the paper along the leg of a classmate. Cliff found items that would create a workable solution. Tracing wheels and card stock worked to make raised line drawings. We had to cut stiff plastic from our pattern. I cut my finger, and shoeless went with help from a classmate in an unfamiliar place, to wash my hand.

The heat gun softened and shaped the brace before plunging the material into ice water to harden it. I was alone in the room, last to finish. Tears came to my eyes because I felt I was in well over my head. The instructor came in and I did my best to hide my stress.

Next, we sewed the straps and placed grommets, less stressful for me. I could sew, others could not. Thankfully I finished the project and returned home able to teach co-workers. Thinking outside the box is excellent when things get tough and time is moving quickly.

* * * * *

Lori Allison – Making the decision to continue to fight with many health issues or just give up. This challenge gave me the grace and determination to fight and help others overcome obstacles in their lives.

It also humbles me when I meet people facing situations that are much worse and watch how they persevere.

* * * * *

Reginald George – When I worked in Technical support I had many older customers, frustrated because they felt they were not being heard. There is so much pressure in that environment to limit call times, make your numbers, provide easy fixes and instructions, and go on to the next call waiting on hold. I learned to balance those demands with being an active listener, staying with that person as long as it took to not only resolve the issue they called about, but the underlying issues causing the symptoms so they wouldn't have to call again so soon. I learned patience and to treat people as I would want to be treated, regardless of the time it took. You should be willing to do what it takes if you have the knowledge and not just follow a script. Don't tell them, show them. Make sure they understand. Not only will they not have to call back for the same issue, but they then have the tools to help the next person.

Around the State

Note from the Editor:

Curious about what your WCB friends from other chapters are doing? This column is for you! Each issue WCB chapters and affiliates *around the state* are encouraged to submit a brief description of the happenings in your local area. Send your activities (upcoming and past), meeting ideas, and thoughts to the Newslines so that others may be inspired by the goings-on in your area!

Guide Dog Users of Washington State, We're On the Move

By Marlaina Lieberg, President

The new year started with a bang for GDUWS. We submitted a list of 45 members to the WCB for inclusion in its membership data; great number, but we're shooting for more growth this year.

Thus far, in the early stages of 2018, GDUWS has been very involved in monitoring and commenting on a bill which represents what we think are good first steps to curb the growing number of fraudulent service dogs in Washington State. To that end, over a short period of time, our members were busy sending emails or calling politicians in Olympia to urge action on this bill – #2822. As of this writing, it's now waiting for action on the floor, and we have every reason to believe it will pass.

Our newest project is to raise seed money to establish a small grant program to assist members who are getting their first dog guide or are transitioning between dogs. We recognize there are always personal expenses and hope we can help with a small grant. The amount of the grant and other details have not yet been worked out, stay tuned! Be on the lookout for fundraising events that are fun-raising as well as fun!

We are planning our Spring Fling; as soon as a date is nailed down, we'll be updating the WCB Buzz, so keep an ear out.

Finally, we had our first of what I hope will be three general membership calls this year. We had 13 people on the call and kept the call to just under an hour. Members had an opportunity to ask questions and volunteer on projects. And, all the dogs agreed with all our decisions.

Happy Spring; whether you walk with a long white cane or a little black Lab, make every day a good day and keep doing the good you do! To all the guide dogs out there, “hup hup, let's go!”

King County Chapter

By Linda Wickersham, President

Hello from the King County Chapter.

We hope everyone has recovered from the Flu. I believe I am finally at the tail end of it but the last month and a half has been miserable!

Shawn Henning, one of our newest members has accepted a new job in California. He will be missed. I hope he stays in touch with the Chapter and when he is in Seattle, he will visit.

Lynn Hunter and Ed Stevens are in Israel and we look forward to hearing of their experiences.

Congratulations to Joan Ladeburg on her retirement from the Light House. We hope she can do some of the activities she couldn't while working.

Also, congratulations to Tim Schneebeck who will soon be a great-grandfather. Hopefully the Schneebeck family will have many wonderful experiences with their new addition.

John Rochford from Metro Access will be at our April meeting to talk about the changes to the subscription trips on Access. We look forward to hearing him speak.

King County Chapter wishes everyone a wonderful New Year.

United Blind of Tri-Cities

By Frank Cuta

Hearts are heavy in the Tri-Cities after losing two of our most beloved members in the last 60 days. Myra Wood, 96, was still living in her home and gardening. Her garden harvest produced hundreds of jars of canned food that she consumed throughout the winter. For many years we depended on Myra to call everyone in the card group to remind them of the monthly meeting.

Evelyn Crouse, 92, despite the many health problems she confronted, always made the rounds at every chapter function to give each member a warm hug. She is also missed by the staff of her retirement facility where she took it on herself to be the one-woman welcoming committee for all new residents. Both Myra and Evelyn were enthusiastic members of the UBTC book club. The world was a better place for having these ladies in it and they will be sorely missed in our chapter.

We are starting the new year with 45 members, eight of which are WCB life members. Pat Johnson is our new membership chair and we are updating the business cards, flyers and information packets that we give to people that we meet on Dial-a-Ride who express an interest in blindness or visual impairment. We are also planning to have a table at two senior fairs this year. Recently we had a speaker from the transit system update us about improvements in the bus system, and a speaker from Columbia Basin Hearing update us on the causes and treatments of hearing loss.

We are about to attend our fifth and last described play for this season. Our new describer this year is Art Brodie and he is bringing lots of new ideas to the project.

Our president, Sherry Dubbin, has appointed new volunteers who will make monthly reminder calls to members expressing interest in our lunch, card party, book club and tech group meetings.

Chapter Update United Blind of Whatcom County

By Holly Turry, President

This has been a busy and interesting time for our chapter; in fact it's difficult to choose what to include in this update.

During this writing period, we received two new wonderful members.

We were pleased that six members attended the state convention in October. Two were new to our group, and really seemed to enjoy and learn from their experience.

Many of our members have questions about using iPhones. In September we started a technology group, which meets the 2nd Monday of each month. Members share ideas and strategies over coffee, good conversation, and lots of laughs.

The book club is going strong. We have read such titles as *A Woman's Place* and *South*. The first discusses women on the home front in World War 2. The latter is a telling of Antarctic exploration in the 2nd decade of the last century.

During the latter part of the summer and the beginning of autumn, we held the Vision Series. This is a program for people whose vision is fading. Topics included nutrition and meals for low income seniors, a discussion about transportation concerns with the Bellingham ADA representative, and energy conservation from Puget Sound Energy.

Our social committee has been very active. We caroled at an assistive living facility. Our Christmas party was wonderful. We had Chinese food, music, gifts, and lots of fun. As is our annual tradition, we gave non-perishable items to the local food bank.

Greater Everett Area Council of the Blind

By Jenny Anderson, President

Greater Everett Area Council of the Blind has an exciting future. Jenny Anderson is now President, Vice President is still Gail Chappel, we have Marsha White continuing the Secretary role, and our brand new Treasurer is Terry Butler.

I, as chapter President, am looking for new and exciting ways to attract and retain membership. On a personal basis, I am working to bring in new speakers. In the meantime, Ryan Petersen from Snohomish County ADA will be joining us March 10, 2018, and Charles Nathan from Guide Dogs for the Blind will be on speaker phone in June. Al Yardley from Access Technology will be our speaker in September.

We still meet the second Saturday of each month excluding July and August, and BYO lunch starts at 12:30 p.m. followed by the meeting at about 1:30 p.m. We always dismiss by 3:00 p.m. out of courtesy for those who are depending on public transportation.

We now have a Facebook page up, and we are looking for other ways to make our chapter grow, both in membership and morale.

United Blind of Walla Walla

By Annee Hartzell, President

The United Blind of Walla Walla continues to be an active chapter of the Washington Council of the Blind. In mid-November 2017, the UBWW and Whitman's Delta Gamma Sorority teamed up to offer *Bites Without Lights* dining experience to the Whitman Campus and general public.

Members report that the most challenging obstacles were blocking out the daylight so that participants dined in the dark and finding space to await the event's opening moments. A variety of chapter members volunteered their time and expertise to help put on the event – from its inception to being “table experts” for those being engaged by the experience. It is hoped that future events of this type will be hosted in the Walla Walla area in the future. Special thanks go out to Andrew Nantz, Joleen Ferguson and Vivian Conger.

Currently, the chapter is focused on planning future activities; we are considering a table at the Walla Walla County Fair, volunteering in schools, joining as representatives on local committees and boards, hosting a table at information fairs for seniors... The list goes on and on! When we make our plans, we will be sure to let you know!

South Kitsap Council of the Blind

By Kim Moberg, President

Greetings, from your friends at the South Kitsap Council of the Blind. It's been a while since we submitted an article in the Newline. Several new things have happened since we returned from the state convention held last November. We elected officers. Kim Moberg is now our newly elected President, Pat Whitlow is our Vice President, Carol Brame is our Treasurer, while Chris Brame is our Secretary. Our sunshine person, helping to spread smiles and care wherever she goes, is Judy Hurman.

We had a wonderful Christmas party. Some of the members of the Peninsula Council of the Blind attended our Christmas party. There was lots of yummy food and some fun during the gift exchange. Poor John Moberg had his gift stolen many, many times. But it was fun and I think we all can say we had a good time.

We will be having a little fundraising event in May. We are doing an Outback Steakhouse event. Think good food with family and friends – all in the name of funding our organization and its helping hands. Each year we do this event it gets more fun. If you would like to attend, please call Kim Moberg at (360) 981-9944. Tickets are \$16.00. We look forward to seeing you there.

In December Kim Moberg returned home with her very first guide dog. Junior is a male brindle Boxer. Congratulations, Kim!

Kevin Jones' wife is not doing well. The chapter bought her a teddy bear to keep her company. Maria Kuntz fell and broke her foot and leg. Jess Landby has some kind of infection in her leg. Please keep these people in your prayers.

Yakity Yak from Yakima

By Lisa George, Secretary

Yakima Valley Council of the Blind marks its 15th anniversary in December. We're thankful to be able to celebrate this together and remember those members who are no longer with us, most recently Greg Sherman, who passed away November 15.

We look forward to next year with our officers as elected: President Darla Hatfield, Vice President Reg George, Treasurer Howard

Underwood, Secretary Lisa George, past President Gina Ontiveros, and Board member Anne Ridenour.

Best wishes for happiness & health to everyone in 2018!

Membership Memo #1

By Julie Brannon

Hello WCB. The 2018 WCB membership committee and I hope to be sharing with you an article per Newsline about various aspects of membership. We feel keeping the issues and mechanics of organizational membership in the forefront of our thoughts is key if our organization is to grow in strength and numbers.

For this first article, I plan to acquaint you with committee members, and briefly outline a few of the plans for membership focus the committee has already discussed, for all of you as members play an important role in our plans coming to fruition.

When speaking of membership, the two major prongs are membership recruitment (recruiting new members for continued organizational growth and strength) and retention (retaining current members, making sure we do what we can to keep current members within the organization). The committee's plan will achieve to accomplish both of these goals. Stay tuned for upcoming articles with information to assist us in both processes.

Committee members come from both the West and East side of the state, which is very beneficial in working with local chapters. You will get to know these committee members as membership warriors, both within their local chapters and within other chapters. WCB membership committee members are:

East side:

Tracy Fejeran

Cindy Glidden

Joy Kelley

Janice Squires

West side:
Lori Allison
Jenny Anderson
Carol Brame
Shannon Curry

As you can see, we have an excellent group of people who will be working toward various aspects of WCB membership this year.

I'll give you just a small picture about a few of the plans (this is by no means an exhaustive list) we have at this point to accomplish a membership focus, and please know we continually depend on and welcome ideas from you all as current WCB members. Feel free to contact any committee member or myself with suggestions or ideas. I will note my email at the bottom of this article.

1. We plan to revise and develop WCB membership packets for chapters to distribute (and add their local chapter information to)
2. As noted, we plan to have an article in each Newslines, so look for "Membership Memo".
3. We will be asking chapter presidents (this will have been accomplished by the reading of this article) to have membership committee members assigned to each chapter as a conduit for membership sharing, information and encouragement.

This is just the beginning, more to come!

Julie Brannon
WCB Membership Committee Chair
Email: Jbrannon0612@gmail.com

FEATURES

Reflections on Then and Now

By Chris Coulter

As individuals and as an organization of the blind, our lives are shaped by three things. Those three things are the past, the present and the future. We live in the present and these days we are encouraged to think mostly in the present. The past, according to popular belief, is gone and we have no way of knowing what the future is, so we end up living moment by moment. This thinking causes us to lose two-thirds of the basic shape of our lives.

If we live in the moment we end up having to repeat every experience anyone who has gone before us ever had. That is not only unnecessary; it's a waste of our time, our strength and our brain power. If we live mostly in the future, we invent wonderful technologies and have great ideas about how life will be tomorrow but are unable to inform ourselves about the story arc of ideas that came up in the past. We don't know what has succeeded in the past and what has failed.

How do we connect the three different parts of our organizational life together and use all three influences in our lives – past, present and future – to make a complete picture of our plans and goals?

The connecting link is history. We need to know what happened in the past, how the past has had an effect on the present, and how we can sort through the past and let go of what we don't need anymore, while still keeping what is good and taking it with us into the future.

Carl Jarvis, one of our organization's historians, has said "If we don't know where we've been we don't know where we're going". I encourage everyone to take some time to think about our history as an

organization and about the people who have gone before us. I encourage everyone to look at the many ways in which attitudes about blindness have changed over time and are continuing to change.

Finally, if you think about our history and come up with ideas, conclusions or reflections of your own about it, please write about those ideas, conclusions and reflections on the WCB list or as articles in this publication. History doesn't have to be boring and irrelevant. It's part of the shape of each of our lives and of our organization.

Before My Time

By Paul Edwards, President, Braille Revival League

(NOTE: This article is reprinted with permission of the author)

I was born in 1945. When I was eight years old braille began to make sense. Suddenly I was not reading haltingly figuring out one word at a time. I was "reading". I remember a moment when this happened. It was as if a part of my brain suddenly "got it". From that point on I was not reading braille. I was reading! After that, like many others I suspect, any braille I could get my hands on was fair game. If I could have read braille toilet paper I would have.

In a real sense, for the rest of my life, I was addicted. If I found a piece of braille I had to read it! I lived in very strange places during my life and, in all of them, I made a point of looking for braille. I read thermoform braille. I braille painted onto pages from the UK. I read books for children, books for adults and, even, some in foreign languages produced in very odd places that looked very different from

the braille to which I was accustomed. Japanese books use a smaller cell printed closer together, for instance.

Occasionally I would run across books that were at odds with what I was used to in several ways. They were for ten bomb bound. They were always printed only on one side of the page and, to my amazement, some had clear evidence of having been produced using a slate and stylus. There was no telling what you might find in these strange books. I read my first Rex Stout novel in this kind of a book. I remember reading a history of a state that way. Many of the books were short. I read my first Ernest Hemingway book that way. It was a collection of stories.

The other thing these books had that was different was the type of braille used to produce them. I grew up after grade two won the day. Virtually all of these single-sided paper braille books were produced using grade one and a half braille. Some contractions I was used to were there, but many were not. I eventually discovered that this grade was the standard used for producing braille in this country until just a few years before I was born.

On the title page of many of these books was the name of the person (usually a lady) who created this only copy of a precious braille book. She was listed as the transcriber. Usually her location would be listed, and it was often a small town. I found a trove of these books that were produced in Wilmington, Delaware. What was also on the title page was something like “produced under the auspices of the WPA program”.

In college I discovered that “WPA” referred to the Works Progress Administration which operated from 1935 to 1939. In the latter year it became the Work Projects Administration until it died for good in 1943 because the war had made unemployment in the United States virtually a thing of the past.

In 1934, though, there were eleven million people out of work and the economy had virtually collapsed. When the program was rolled out in 1935 its participants were paid between \$15 and \$90 a month and, under the aegis of this program, many things were accomplished. According to the Encyclopedia Britannica online, during its eight-year existence, the WPA put some 8.5 million people to work at a cost to the federal government of approximately \$11 billion. The agency's construction projects produced more than 650,000 miles (1,046,000 km) of roads; 125,000 public buildings; 75,000 bridges; 8,000 parks; and 800 airports. In addition, Federal Art, Writers and Theater projects created art in public buildings, produced local histories and created local theater projects across the nation.

But, for us blind people, the WPA also produced braille. Lots and lots and lots of braille. If truth be told, I don't know how much. But I very much suspect that, when all of us RLF or ROP kids came along needing braille, it was the WPA that had created the infrastructure of transcribers who could meet our needs as well as producing reading matter that considerably brightened the lives of blind people living through a depression that must have been as horrible for blind people as it was for everybody else. The New Deal was pretty advanced but I don't think it did much to alter unemployment for blind people. It was out of this ferment that modern rehabilitation was built but that is another story altogether, and war probably did more than poverty to make anybody care much about those blind people.

I am afraid that grade two braille was responsible for seeing many of the WPA books get consigned to the history books. It is likely that they would have been read to death by now anyway and thermoform and electronic braille devices made it easier to see them gone.

However, let us pause for a moment and marvel that braille kept families alive during the depression. Let us also marvel at the amazing tenacity and perseverance of those who produced these braille books. Transcribers nowadays do most of their work with computers but, in the

1930s, they were like medieval monks taking precious knowledge and making one copy of it so that it could be shared with blind people. With the huge printing presses at major braille production facilities striving to keep up with the demand from schools and the Library of Congress, there was no capacity to produce the incidental literature that so many of us have found in WPA books.

So, let us celebrate a part of our history that many may not know about. Let us bless those who gave us these books. Let us mourn their passing! And, most of all, let's pause and marvel about what a wonder braille is and was and will always be!

Peering Into the Tech Crystal Ball

By Frank Cuta MSEE PE

25 years ago, today's talking cell phones and refreshable braille displays were difficult to even imagine. Today tech continues to evolve faster and faster and the products in your life will benefit enormously from these increases. Soon robotics and interactive appliances such as the Rumba vacuum and talking TV will leave the realm of the blind geek and merge to be a part of our everyday life as they gain the ability to set themselves up, update themselves, protect themselves from cyber-attacks and independently integrate with the other devices in your home.

In the near future you will be able to tell your home that you are going to bed and it will lock the doors, pull the drapes, turn down the thermostat, confirm that the pets are in and the lights are off. If there is a fire in the middle of the night it will not only wake you up by turning your sound system on at full volume, it will turn off your gas, call the fire department and an alert your friends and neighbors that you may need assistance.

The death of the personal computer has been predicted for many years and now both Google and Microsoft are pushing not only data processing but word processing and spreadsheets into the internet cloud. Moving everything to the cloud was actually expected but what really surprised everyone was the introduction of the accessible smart phone which in the next few years will replace the PC as the major piece of adaptive technology in our lives that allows us to access these cloud-based resources. Also, the passcodes, thumb print recognition and face recognition security features on your new cell phone will evolve to include other developments such as gesture recognition, DNA recognition and thought recognition. 3D printers are steadily coming down in price and increasing in capability, so that in the future many of the assistive products that you now buy will not be delivered other than in the form of a computer file that you will just send to your printer.

Things are going to get more and more hands free with wearable devices and eventually implanted devices and even injectable and growable devices becoming practical in ten or twenty years. Already FDA approval is being sought for devices that bypass the eye and the optic nerve and restore rudimentary vision by directly connecting smart sensors to the human brain. If you live long enough you will probably see total blindness, deafness and neuropathy virtually eradicated.

Computer technology continues to develop exponentially and by 2030 artificial intelligence will approach human intelligence. Thinking machines will be able to reason, make judgments, plan and learn at extremely high levels. All communications, power generation, transportation and medical diagnosis and even medical treatment will be performed by computers and robots.

The ways that we obtain and read books and magazines will surely be transformed. Certainly, the hard copy book will virtually disappear except for those in the hands of hard core collectors. Electronic books offer the advantages of immediate gratification, compactness, real-time translation, accessibility, interactivity and they are much cheaper to

produce. Instead of receiving book cartridges from the Library through the mail they will be sent to your digital player via the internet or you may just entirely skip the downloading process and read them remotely. Virtual reality devices will revolutionize sensory input so that not only hard copy braille but electronic refreshable devices will soon be obsolete.

We started to hear about the success of self-driving vehicles just a few years ago, and next year the price will drop to about \$60,000. In a few years they will be only slightly more expensive than manually driven cars and by 2040 all gasoline powered and manually driven vehicles will be in the hands of collectors and not be allowed on regular public roads where they will be considered too dangerous. Which, of course, they already are.

Future developments in robotics, genetics and artificial intelligence have the potential to create a future free from sensory and physical barriers. A world of abundance and prosperity with food, health and energy resources adequate for the entire world. It is now and will continue to be our responsibility to ensure that extremely tight security procedures and safeguards are incorporated into these systems to protect us from their misuse by certain politicians and other criminal elements.

Take Control of Audio Description In and Out of the Theater with ActiView

By Reginald George

App Store Link: <https://itunes.apple.com/us/app/actiview...>

This app appeared on the US app store to great fanfare last summer with almost no content.

Several updates later we have a working app that takes control out of the hands of the theater owners and puts it back where it belongs, in the hands of the movie goer. It allows you to view current movies in or out of the theater with just your iPhone and a set of wired or Bluetooth headphones. According to the company, an Android version is on the way soon.

I chose the movie *The Man Who Invented Christmas*, an excellent movie about Charles Dickens as he endeavored to write *A Christmas Carol*. I collected my box with their headphones from the counter and left my ID as usual, and they incorrectly programmed the box for hearing impaired amplified audio, again as usual. After waiting to receive a correctly programmed box I sat patiently through the previews, then opened ActiView, chose the movie I had previously downloaded audio for from the list, and using Voiceover, I double tapped on Audio Description and Amplified Audio in English. I wanted to make sure that there would not be too much delay on the audio, and that this system would work as well or better than what the theater offered. In my opinion it does.

Let's backtrack a little. When you first open the app, you are asked to create an account. This is a simple process that asks for your name, email address, and to create and confirm a password. No proof of disability is required.

This is a 1-page app with all controls visible and no menus. The first two buttons on the screen control how movies are sorted, newest to oldest or alphabetically. A help button reachable from all screens provides very good documentation of the program's features and a place to leave feedback, along with links for their Twitter and Facebook pages.

The headings on the screen include My Downloads and Available Content. At the bottom is a button to redeem a code, but this is not necessary.

When you double tap on a choice from the list of movies, each movie may have up to four services. Not all services are provided for every movie. They are audio description, amplified audio, audio description and amplified audio together, and close captioning.

The service you choose downloads a small file to your phone. Touching or double tapping on that file starts the narration.

Syncing with my movie was quite fast. ActiView uses acoustic sound printing, and sync can take up to 45 seconds if no dialog or music is happening when you start the description track.

The player window consists of five controls. Flicking from left to right they are the back button, a mute button, a sync adjustment slider which is incredibly helpful, a volume slider, and a resync button in case things get drastically out of sync. The app may be run in the background or with the screen locked.

Notes:

The amplified audio track is mono only.

If the description or amplified audio track is slightly behind the dialog as might happen when using Bluetooth, you can move it forward easily with the provided controls.

Touching or double tapping in the case of a voiceover user on the more info button next to each movie provides you with a synopsis of the movie, access to trailers and reviews, and information on where it may be watched as in Netflix or Amazon.

ActiView won't allow you to start the movie unless you have connected headphones and the movie is playing in the theater or on another device.

The seven movies available in the app as of this writing include:

Patterson

Coco

Breathe

Denial

Logan Lucky

Danny Collins

Eye in the Sky

However, according to the company much more content is on the way as they are in negotiations with all the major studios.

To my knowledge ActiView is only available in the US app store at this time, and only for iDevices.

Conclusion:

This well-designed app can provide us with the control of our movie viewing experience that we deserve. Now nothing needs to be said to the ticket taker. Your disability need not be disclosed. You simply bring your own technology and enjoy your movie experience as everyone else would.

Any questions feel free to write me at reggeorge@gmail.com.

In Memoriam: Sue Ammeter

By Denise Colley

The Washington Council of the Blind and ACB has lost a vital active member and very dear friend. Sadly, Sue Ammeter passed away in the early hours of Saturday, April 7, due to complications from prior medical issues.

Sue was born in November 1948, in Bremerton, Washington. She attended the University of Washington and met and married her husband John of 46 years in Seattle. He was her companion at many of Sue's events, her driver, personal champion and "the wind beneath Sue's feet". Sue and John enjoyed many activities in life, including motorcycling, riding in John's airplane, and much more. While Sue and John had no children, being dog lovers, they were the proud parents of many dogs during their lives together. They retired in Port Hadlock, Washington near John's family roots.

For 50+ years, Sue daily demonstrated her steadfast commitment to raising the standard of life for blind people everywhere. She first became involved in the blindness movement when she attended a meeting of the newly formed youth group for the Washington State Association of the Blind (WSAB). The very next year she was elected first vice president. WSAB was later to become the National Federation of the Blind of Washington, where she served as president. 1990 saw the merger of what was then the United Blind of Washington State with the Washington Council of the Blind, and Sue served as the first president of the newly merged Washington Council of the Blind.

Sue was the go-to girl when it came to advocacy issues in Washington state. Her knowledge of the ADA and other disability rights laws was invaluable to blind Washingtonians.

On the national level Sue served as a director on the ACB board. She was active on both the ACB Advocacy Services Committee and

Rehabilitation Issues Taskforce, and, most recently as chair of the Health Issues Taskforce.

For more than forty years Sue led successful efforts to advance the rights and improve access and opportunities for people with disabilities in Washington State and nationally. In 1975, she was the first person with a disability to work for the Washington State Human Rights Commission, the only non-lawyer on that agency's hearing tribunal. For three years she was the Washington State director for the national advocacy campaign that eventually won the passage of the Americans with Disabilities Act, and was later honored for that work with a Medal of Freedom Certificate from Justin Dart Jr., often called the Father of the ADA. She served as the Chair of the Washington State Governor's Committee on Disability Issues and Employment. She was one of the founders of the Washington Coalition of Citizens with Disabilities, which is now a network of Centers for Independent Living. While working at the Washington Human Rights Commission, she was instrumental in drafting the rules establishing the right of people with disabilities to be free from discrimination in places of public accommodation. She served on and chaired both the State Rehabilitation Council for the Washington State Department of Services for the Blind, as well as the Patron Advisory Council of the Washington Talking Book and Braille Library. She was also actively serving on the board of the National Braille Press.

Sue was diagnosed with breast cancer in 2007, and looked extensively for information on treatment options. Yet she could not get a single page of braille from the American Cancer Society, even though the organization offered information in many languages. Working with ACB and through structured negotiation, Sue and other blind people impacted by cancer, the American Cancer Society (ACS) committed to making their website more accessible and offering print information in braille, large print, and audio formats.

Sue Ammeter was one of the true leaders of our movement and we will be the poorer for her passing.

The Art of Adjusting to Aging

By Carl Jarvis

To my dear older friends. It does seem that we are driven by a frantic, ever more chaotic system. But despite what we think, lots of that is not what is going on around us, it is internal, a condition due to aging.

When I was working for the Department of Services for the Blind as an assistant director, the work load could always be counted upon to increase. And with each new assignment, my boss would smile and say, "I know this is going to consume all of your time, but when we wrap it up we'll have plenty of time to relax." It never happened. My boss was a workaholic. I remember that it was five years after I'd retired, that I went into the Agency Building for a Rehab Council meeting and realized that for the first time my stomach did not clutch. Five years for me to get past that frantic feeling of not enough time and too much to do.

Earlier in my life, as a sweat hog in a drapery factory, I would come home after a hard day's labor and realize that I was shoveling my dinner into my mouth as if I were eating on a production line. I actually had to force myself to take a bite, lean back and chew it thoroughly.

The same was true when I was active in the National Federation of the Blind (NFB) and working full time at the Department. This push to do everything was expected as part of the daily routine.

Today, now that I am older...which also means slower, with the grim doom and gloom news coming at me from all sides, it is tempting to

think the world is going to Hell in a hand basket. I receive many emails demanding that I do this or that, or sign this or that. I have come to a place where I delete all but a few. I don't sign many petitions and I don't volunteer to doorbell or telephone for one cause or another. Also, I notice that we've been spending more time listening to talking books in the evenings, and I'm playing more music, and listening to standup comics on YouTube.

Back 23 years ago, when Cathy and I began contracting to provide services to older blind and low vision people, I would schedule two appointments before lunch and two in the afternoon, four or five days a week. As many as twenty folks spread across five very large counties. After dinner we would do our running record for the day, schedule new clients and order the aids and equipment for folks. Today I have no idea how we did it. It makes me tired just thinking about it. I do remember Cathy pulling off the highway in the evening, coming back from Neah Bay or Aberdeen, so she could grab half an hour nap in order to make it home. Today we hold Monday as our office day. We see an average of two clients a day, never more than four days a week. We do a large amount of work over the phone that we used to do face to face, but we still do presentations at Health Fairs, and with groups of folks in the various retirement and assisted living facilities. Looking back, even funnier is the fact that when keeping the fast pace schedule, on weekends we grabbed the tools and cut brush, split firewood, tended to the horses, and made time for family gatherings.

Age. Age is the real factor. Not blindness, at least not for those of us who've been blind or legally blind for many years. Energy and stamina and youth made the world look different. Sure, it doesn't look good out there, but it's really no different than it has ever been. Our forebearers came to these shores and butchered the folks who lived here, and then, with nothing better to do, we mocked many of those folks who came to these shores after us...Irish, Italians, Polish, etc. And if their color was not the same, or their religion didn't please us, we beat up on them and forced them to live on "the other side of the tracks" and do our dirty

work. We did free our slaves, as an afterthought in a war so horrific that we are still not fully recovered. We shoved some of our good American citizens into internment camps, which was our civilized name for Prisons or Holding Pens, for Japanese Americans. And, maybe worst of all, we refused shelter to Jews who fled Germany's terrors. But are things better today? Or are things worse? Here we are, wanting to send home people we had allowed into this Land of Opportunity, because we don't like their color or their religion.

So, the only thing that makes it seem so much worse, and so much crazier, is that we folk who've been around for years are getting old. Worn out! But we have forgotten, or never learned how to age gracefully, how to kick back and take it easy. We've confused effectiveness with busyness. We feel that we must be letting down when we fail to keep up the pace. While I do know a few people over 80 who are still on the go full time, they are rare exceptions. A friend of mine, whom I'd believed to be a man of steel, finally admitted to me that he always made time in the mid-morning and in the late afternoon for an hour nap. But folks who didn't know this believed that he was Grandpa Superman!

It would seem to me that there is the potential for an entire new profession for Adjustment to Aging. I'd take it on, but it's time for my afternoon nap. Still, I can see it now. Topics like: How to get less out of life and enjoy it more. Or, how to look intelligent while trying to remember who you're talking to. Or, The Art of staying calm when folks are talking down to you. Finally, learning to behave like the children your children believe they are now parenting. I had a longer list, but I forgot where I put it. So, my unofficial advice as a volunteer Adjustment to Aging Counselor, is to begin finding stuff that makes you laugh – look for ways of helping folks help you – and don't worry if you drool when you laugh or chew!

Parenting 101: A Mom is a Mom Vision Acuity Makes No Difference

By Hayley Edick

A Note from the Editor:

When Hayley approached me with her article idea, I immediately became fascinated. So many thoughts crowded into my mind as I sought to imagine the direction she would take. She presents us with a brief portrait of the life of a mother who adopted a child from China. Then, she gives us a glimpse of life as Haley Edick, a blind mom.

What makes this article remarkable – or not so remarkable depending upon one’s viewpoint – is that Hayley is writing as a mother who just happens to be blind. Though the other mom in this story is sighted, she very well could be the one experiencing a significant vision loss.

If you are like me (curious), read on to learn more about adopting a blind child from China. It is worth noting that both of these moms positively influence the blindness community, each showing herself to be concerned about the lives of the blind as she raises her family.

In an August 12, 2015 article, CNN reported that nearly all orphans in China experience at least one disability. Gone are the days of adopting healthy, unwanted Chinese girls, and in their place abandoned children with exceptional needs. Why, you might ask. Well, in my research, I learned: Though China is the second largest world economy, the country lacks the social infrastructure to educate and care for these children adequately; it is very costly and difficult for parents of these children to provide healthful, positive and safe homes for their children. Three years ago, when CNN was reporting, an orphanage manager characterized the problem as “huge”, indicating that hundreds of thousands of children a year are abandoned – all with disabling conditions. At the time of this article’s publication, more specific statistics related to the numbers of blind/visually impaired children were

unavailable, but it is safe to say that the problem continues on a mammoth scale.

* * * * *

I am so privileged to have met Joanne Greco and her son Joseph. As an Airforce servicewoman of 30 years (in the medical field), having raised two sons, and being a grandmother, I find it extraordinary that Joanne would actively pursue the raising of another child, particularly one from another country and one having exceptional needs. I thought to myself: Isn't she tired yet? Doesn't she need some down time? All of us have thought – “crazy thoughts” – from one time to another, especially when making tough, possibly controversial decisions in life. But Joanne told me that she did not enter into this circumstance by coincidence or “crazy thinking”; she says, “God led me to Joseph.” After a friend adopted a child from China, Joanne followed her suggestion and entered into the time-consuming, costly process that would eventually bring Joseph into her family.

His mom speculates that he is making up for lost time – trying to understand the new life into which he was dropped. She says Joseph is attempting to cope with the plethora of changes he faces since coming to the United States. About Joseph? He is a quiet, studious child, appearing wholly absorbed with the world surrounding him. Each day Joseph is busy at school; he is curious and eager to learn about the new world into which he was thrust.

It is a big world compared to the orphanage where Joseph lived. When asked about Joseph's life in China, I was surprised to learn that he lived in two different orphanages. He spent the first six years of life in one orphanage; it was his whole world. He ate, slept, and learned basic survival techniques while there. Then, he was transferred to the second orphanage where he was adopted. He did not go out to shop with family or go to school or even go to a park. He survived in the orphanage and was living a very confined life.

Joanne works hard to create an environment that promotes loving relationships, learning, and healthful activities. Though Joanne did not know anything about blindness beyond the medical implications of it, she was certain that Joseph would become her son; she would encourage, teach, and support him however he needed. She is determining to do and learn what she needs to, allowing Joseph to develop into the strong, independent person she envisions him to be.

* * * * *

I never imagined myself to be a recognized surgeon and a mother – at the same time. I have stitched up neck wounds, reattached arms to shoulder sockets, and even performed the complex maneuver of replacing a decapitated head onto a guy who would not be the same without it. Okay, I admit it: I practice on toys and stuffed animals only. But to my kids, I am Mamma, the fixer of toys, repairing bumps and bruises of *all sorts*, soothing fears, and mostly encouraging the *spreading of wings*.

My kids are just beginning to understand that Mamma perceives the world different from “their way”; Mamma just happens to use her hands and ears to learn what they are doing. I am a blind mamma.

I was excited and nervous upon discovering my pregnancy. So many questions and anxieties I experienced as I considered the changes my family would undergo through the years. Might I lose my child in a crowded mall? Would my child love and accept me as a blind parent? Would I become the great parent I always hoped and dreamed to become? Well, I am pleased to say that though my fears and anxiety were real, they have been proven groundless. My first child survived and is now four years old; we now have a second one. Though I worry for them and wonder about myself as a parent at times, I am confident that I will succeed.

Through the years, I devised a variety of strategies used to help me grow strong, healthy and safe kids. I use bells on shoes and shirts so my children cannot be lost. I read to them using Twin Vision braille/print books – all pictures included. I play modified games with them; cook delicious food for them; and give lots and lots of hugs for hurts, fears, and just because I love them.

* * * * *

From these two women, we learn that visual acuity need not determine whether to become a parent. What is needed: strategies for coping with the situations that arise when raising children, the love of learning and teaching, and above all else the love and acceptance for another little person. Both women are responsible and responsive to the needs of their children and are willing to do *whatever it takes* to provide a loving, safe home for their children. So, the next time we question the sanity of our decisions as blind people, let's think of Hayley and Joanne, the challenges they overcome daily, and consider stepping out just like they do. Learning is a journey and life is a journey; so, let's get out there and enjoy the trip!

**2018 Braille Challenge Held
Washington Talking Book and Braille Library**

By Erin Groth

On March 3, 2018 WTBBL held its annual Regional Braille Challenge. Students age 6-17 from Hansville, Yakima, Issaquah, Seattle, Lacey, and Bellingham participated – and it was a great success!

The Braille Challenge is an academic competition for students enrolled in grades 1-12 and encourages Braille literacy in a fun and competitive atmosphere.

Students were tested according to grade level braille standards in Reading Comprehension, Speed and Accuracy, Proofreading, Spelling, and Reading Tactile Charts and Graphs. In addition, students participated in games and a special interactive presentation by the Beep Baseball team, the Seattle South King Sluggers! Our talented contestants were:

Meagan Weiler – Varsity Level – 1st Place Overall and Highest Score in Speed & Accuracy

Eli McCalmont – Sophomore Level – 2nd Place Overall and Highest Score in Tactile Charts & Graphs

Amelia Laing – Freshman Level – 3rd Place Overall and Highest Score in Spelling, Reading Comprehension, and Proofreading

Emmit Douglas – Junior Varsity Level

Erfan Jazizadeh Karimi – Sophomore Level

Misty Sahlbom – Freshman Level

Peityn Esquibel – Apprentice Level

Noelle Batchelor – Apprentice Level

* * * * *

The Seattle South King Sluggers Beep Baseball Team is Seattle's first baseball team for the blind and have been playing for over five years. They practice at Rainier Beach High School and play games around King County and beyond. Their coach, Kevin Daniel, joined us at the

Braille Challenge to introduce the amazing athletic program, giving us space and opportunity to move around on what was a long day of testing. Everyone got a turn throwing, catching, and at bat. Even WTBBL's Director, Danielle Miller, took a swing!

WTBBL could not have put on this successful event without the volunteer and culinary support of the Washington Council of the Blind, as well as prize donations from Seedlings Braille Books for Children, National Braille Press, Humanware, Pacific Science Center, Bartell Drugs, and Einstein Bagels. The Braille Challenge was created by the Braille Institute of America (BIA) in 2000 and is a national program. Any visually impaired student who reads braille is eligible to participate in the preliminary Challenge contest events. Learn more at: <http://www.brailleinstitute.org/braille-challenge-homepage.html>

Submissions Needed

Calling All Members:

Newsline needs articles from you. We will publish the next Newsline in late August and are looking for articles from you. The theme of the issue is Bridging The Gap. Please post us about your interests: sports fans, other entertainment ideas, recipe posts, and articles on how technology has bridged the gap for you. How has braille impacted your life? What hacks do you have for doing things – this is the issue about blind-know-how. If you have a question and can't find an answer, post it to us! Maybe, you will make it into the magazine along with your answer. Do you have an issue you'd like to discuss? Post an article.

Rules for Submission:

- Times New Roman font
- Font size 16
- Word Count in article: 750
- Chapter updates: 350
- Block style paragraphs
- Articles may be edited for clarity and space

Send submission to:

Annee Hartzell at newsline@wcbinfo.org

Email: April.rainbow.annee@gmail.com

Phone: 949 705-8802

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